

# NORTHPOINT DAY SCHOOL

## CLASS - XI COMMERCE

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**SUBJECT:- ENGLISH LANGUAGE & LITERATURE**

Sl. N o.	Months	Chapter /Unit No.	Topics and sub topics
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<b>1</b>	<b>April'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> A Photograph <input type="checkbox"/> Poster Drafting <input type="checkbox"/> <b>Gap Filling</b>
<b>2</b>	<b>May'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> The Portrait of a Lady <input type="checkbox"/> The Summer of the beautiful white horse <input type="checkbox"/> Situation Vacant -Ad <input type="checkbox"/> Note Making <b>UNIT TEST 1</b>
<b>3</b>	<b>June'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> We're not afraid to die... <input type="checkbox"/> The Laburnum Top <input type="checkbox"/> For Sale & To let -Ad <input type="checkbox"/> DEBATE WRITING
<b>4</b>	<b>July'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> Discovering Tut <input type="checkbox"/> The Voice of the rain <input type="checkbox"/> Re ordering of sentences <input type="checkbox"/> <b>SPEECH WRITING</b>
<b>5</b>	<b>Aug'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> The Adventure <input type="checkbox"/> The Address <input type="checkbox"/> Childhood <input type="checkbox"/> Situation Wanted <input type="checkbox"/> Speech/Debate Writing <input type="checkbox"/> <b>Transformation of Sentences</b> <b>MID TERM EXAMINATION</b>
<b>6</b>	<b>Sept'25</b>	Literature, Language	<input type="checkbox"/> Silk Road

<b>7</b>	<b>Oct'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> The Tale of melon City <input type="checkbox"/> Father to son <input type="checkbox"/> Comm Skills-SPEECH/DEBATE
<b>8</b>	<b>Nov'25</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> Mother's Day <input type="checkbox"/> Lost & Found ad <input type="checkbox"/> Speech writing <input type="checkbox"/> Comm Skills-DEBATE <b>UNIT TEST 2 EXAM</b>
<b>9</b>	<b>Dec'25</b>	Literature, Language &	<input type="checkbox"/> Birth <input type="checkbox"/> <b>Revision</b>
		Comm. Skills	<input type="checkbox"/> <b>Revision</b>
<b>10</b>	<b>Jan'26</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> <b>Revision</b> <input type="checkbox"/> Revision
<b>11</b>	<b>Feb'26</b>	Literature, Language & Comm. Skills	<input type="checkbox"/> For Sale & To Let Ads(Revision) <input type="checkbox"/> Debate writing(Revision) <input type="checkbox"/> The Adventure (Revision)
<b>12</b>	<b>Mar'26</b>		<b>FINAL TERM EXAMINATION</b>

**SUBJECT:-MATHEMATICS**

<b>Sl. N o .</b>	<b>Month</b>	<b>Chapter /Unit No.</b>	<b>Topics and sub topics</b>
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1	April' 25	Unit-III: Coordinate Geometry 1.Straight Lines	<p>Few basic concepts required to link maths with other subjects (e,g PMI, logarithms ,trigonometry ,<b>Binomial theorem. Limits and Derivatives.</b>etc)</p> <p><b>1. Straight Lines:</b> Brief recall of two-dimensional geometry from earlier classes. Slope of a line and angle between two lines. Various forms of equations of a line: parallel to axis, point -slope form, slope-intercept form, two-point form, intercept form, Distance of a point from a line.</p>
2	May'25	Unit-III: Coordinate Geometry 1.Straight Lines 2.Conic Sections	<p><b>1. Straight Lines:</b> Various forms of equations of a line: parallel to axis, point -slope form, slopeintercept form, two-point form, intercept form, Distance of a point from a line.</p> <p><b>2. Conic Sections:</b> Sections of a cone: circles, ellipse, parabola, hyperbola, a point, a straight line and a pair of intersecting lines as a degenerated case of a conic section. Standard equations and simple properties of parabola, ellipse and hyperbola. Standard equation of a circle.</p> <p><b>ACTIVITY:1) To construct different types of conic sections. ACTIVITY:2) To construct an ellipse when two fixed points are given practically.</b></p>
3	June' 25	Unit-III: 3.	<p><b>3. Introduction to Three-dimensional Geometry:</b> Coordinate axes and coordinate</p>

		<p><b>Introduction to Threedimensiona I Geometry</b></p> <p><b>Unit-I:1 Sets and Functions</b></p>	<p>planes in three dimensions. Coordinates of a point. Distance between two points. <b>[section formula and related problems]</b></p> <p>1. <b>Sets:</b> Sets and their representations, Empty set, Finite and Infinite sets, Equal sets, Subsets, Subsets of a set of real numbers especially intervals (with notations). Universal set. Venn diagrams. Union and Intersection of sets. Difference of sets. Complement of a set. Properties of Complement.</p> <p>2. <b>Relations &amp;Functions:</b> Ordered pairs. Cartesian product of sets. Number of elements in the Cartesian product of two finite sets. Cartesian product of the set of reals with itself (up to <math>R \times R \times R</math>)</p> <p><b>ACTIVITY:3) To represent set theoretic operations using Venn diagrams ,ACTIVITY: 4) To verify distributive law for three given nonempty. sets A, B and C.</b></p>
4	July'25	<p><b>Unit-I:</b></p> <p><b>2. Relations &amp; Functions</b></p>	<p><b>2. Relations &amp;Functions:</b> Definition of relation, pictorial diagrams, domain, co-domain and range of a relation. Function as a special type of relation. Pictorial representation of a function, domain, co-domain and range of a function. Real valued functions, domain and range of these functions, constant, identity, polynomial, rational, modulus, signum, exponential, logarithmic and greatest integer functions, with their graphs. Sum, difference, product and</p>

			quotients of functions.
5	Aug'25	<b>3. Trigonometric Functions</b>  <b>Unit-IV: Calculus</b>	<b>3. Trigonometric Functions:</b> Positive and negative angles. Measuring angles in radians and in degrees and conversion from one measure to another. Definition of trigonometric functions with the help of unit circle. Truth of the identity $\sin^2x + \cos^2x = 1$ , for all $x$ . Signs of trigonometric functions. Domain and range of trigonometric functions and their graphs. Expressing $\sin(x \pm y)$ and $\cos(x \pm y)$ in terms of $\sin x$ , $\sin y$ , $\cos x$ & $\cos y$ and their simple applications. Deducing identities like the following: $\tan(x \pm y)$ , $\cot(x \pm y)$

		<b>1. Limits and Derivatives</b>	<p>Identities of <math>\sin \alpha \pm \sin \beta</math> , <math>\cos \alpha \pm \cos \beta</math> , Identities related to <math>\sin 2x</math>, <math>\cos 2x</math>, <math>\tan 2x</math>, <math>\sin 3x</math>, <math>\cos 3x</math> and <math>\tan 3x</math>. (<b>Trigonometric equation and General solutions</b>)<b>ACTIVITY:5)</b> To prepare a model to illustrate the values of sine function and cosine function for different angles which are multiples of <math>\pi</math> and <math>\pi/2</math>.</p> <p><b>1. Limits and Derivatives:</b> Derivative introduced as rate of change both as that of distance function and geometrically. Intuitive idea of limit. Limits of polynomials and rational functions trigonometric, exponential and logarithmic functions. Definition of derivative relate it to slope of tangent of the curve, derivative of sum, difference, product and quotient of functions. Derivatives of polynomial and trigonometric functions.</p>
6	Sept'25	<b>Unit-II: Algebra</b> <b>1. Complex Numbers and Quadratic Equations</b> <b>2.Linear inequalities</b> <b>5.Sequence and Series</b>	<p><b>1. Complex Numbers and Quadratic Equations:</b> Need for complex numbers, especially <math>\sqrt{-1}</math>, to be motivated by inability to solve some of the quadratic equations. Algebraic properties of complex numbers. Argand plane(<b>Polar form</b>)</p> <p><b>2. Linear inequalities.</b> Algebraic solutions of linear inequalities in one variable and their representation on the number line.(<b>Graph of linear inequalities</b>)</p> <p><b>FIRST TERM EXAMINATION</b></p> <p><b>5. Sequence and Series:(Introduction)</b></p>

7	Oct'25	Unit-II: 5.Sequence and Series	<b>5. Sequence and Series:</b> Arithmetic Mean (A. M.) Geometric Progression (G.P.), general term of a G.P., sum of n terms of a G.P., infinite G.P. and its sum, geometric mean (G. M.), relation between A.M. and G.M.[ <b>A.P. and related questions</b> ] <b>ACTIVITY:6)</b> To obtain formula for the sum of squares of first n-natural numbers. <b>ACTIVITY:7)</b> An alternative approach to obtain formula for the sum of squares of first n natural numbers.
8	Nov'25	Unit-II: 3. Permutation	<b>3. Permutations and Combinations:</b> Fundamental principle of counting. Factorial n. (n!) Permutations and combinations, derivation
		s and Combination s	of Formulae for ${}^nPr$ and ${}^nCr$ and their connections, simple applications. : Historical perspective, statement and proof of the binomial theorem for positive
		4. Binomial Theorem	integral indices. Pascal's triangle, simple applications. <b>4. Binomial Theorem:</b> Historical perspective, statement and proof of the binomial theorem for positive integral indices. Pascal's triangle, simple applications.( <b>questions based on general term,middle term ,independent term etc. may be asked in exam</b> )

9	Dec'25	<b>Unit-II:</b> <b>4. Binomial Theorem</b> <b>Unit-IV:</b> <b>Calculus</b> <b>1. Limits and Derivatives</b> <b>Unit-V</b> <b>Statistics and Probability</b> <b>1. Statistics</b>	<b>4. Binomial Theorem:</b> Historical perspective, statement and proof of the binomial theorem for positive integral indices. Pascal's triangle, simple applications.(questions based on general term,middle term ,independent term etc. may be asked in exam) <b>ACTIVITY:</b> 8)To construct a Pascal's Triangle and to write binomial expansion for a given positive integral exponent <b>1. Statistics:</b> Measures of Dispersion: Range, Mean deviation, variance and standard deviation of ungrouped/grouped data.
10	Jan'25	<b>Unit-V</b> <b>Statistics and Probability 1.</b> <b>Statistics</b> <b>2.</b> <b>Probability</b>	<b>1. Statistics:</b> Measures of Dispersion: Range, Mean deviation, variance and standard deviation of ungrouped/grouped data. <b>2. Probability:</b> Events; occurrence of events, 'not', 'and' and 'or' events, exhaustive events, mutually exclusive events, Axiomatic (set theoretic) probability, connections with other theories of earlier classes. Probability of an event, probability of 'not', 'and' and 'or' events
11	Feb'25		<b>REVISION FOR SECOND TERM EXAMINATION</b>
12	Mar'25		<b>SECOND TERM EXAMINATION</b>

### SUBJECT:-ACCOUNTANCY

Sl. No.	Months	Unit / Chapter	Topic / Sub. Topic
1	April'25	<b>Unit-2 : Accounting</b>	<ul style="list-style-type: none"> <li>Introduction of Accounting,</li> <li>Transaction and Sources of documents</li> </ul>

		<b>Process</b>	<ul style="list-style-type: none"> <li>●Meaning and Rules of Debit and Credit</li> <li>●Recording of Transactions-Journal</li> <li>●Basic Accounting Theory</li> <li>●Recording of Transactions-Journal</li> </ul>
2	May'25	<b>Unit-2 : Accounting Process</b>	<ul style="list-style-type: none"> <li>● Rules of Debit and Credit</li> <li>●Recording of Transactions-Journal</li> <li>● Accounting Equation</li> <li>● Recording of Transactions-from journal to Ledger</li> <li>● Recording of Transactions in Special Purpose Books :- → Cash Book :- Simple Cash Book</li> </ul> UNIT TEST -1
3	June'25	<b>Unit-2 : Accounting Process</b>	<ul style="list-style-type: none"> <li>● Recording of Transactions in Special Purpose Books :- → Cash Book :- Cash and Bank Column Cash Book and Petty Cash Book</li> </ul> PROJECT -1 – COMPREHENSIVE PROJECT SUMMER VACATION
4	July'25	<b>Unit-2 : Accounting Process</b>	SUMMER VACATION <ul style="list-style-type: none"> <li>● Recording of Transactions in Special Purpose Books :- → Purchase Book → Sales Book → Purchase Return Book → Sales Return Book → Journal Proper (including Trade Discount, freight and cartage for simple GST calculation)</li> <li>● Posting from Subsidiary books to ledger and balancing the accounts.</li> </ul>

5	August' 25	<b>Unit-2 : Accounting Process</b>	<ul style="list-style-type: none"> <li>● Bank Reconciliation Statement (BRS) <ul style="list-style-type: none"> <li>→ Meaning and Reasons for preparing BRS</li> <li>→ Preparation of BRS</li> </ul> </li> <li>● Depreciation, Provision and Reserves <ul style="list-style-type: none"> <li>→ Depreciation: Meaning, features, Need and causes</li> <li>→ Methods of Depreciation : <ul style="list-style-type: none"> <li>- 1. Straight Line Method</li> </ul> </li> </ul> </li> </ul> <p>MID-TERM EXAMINATION</p>
6	Sept'25	<b>Unit-2 : Accounting</b>	<ul style="list-style-type: none"> <li>● Depreciation, Provision and Reserves <ul style="list-style-type: none"> <li>→ Methods of Depreciation :- <ul style="list-style-type: none"> <li>1. Straight Line Method</li> </ul> </li> </ul> </li> </ul>

		<b>Process</b>	<p><b><u>FIRST TERM EXAMINATION</u></b></p> <ul style="list-style-type: none"> <li>● Depreciation, Provision and Reserves <ul style="list-style-type: none"> <li>→ Methods of Depreciation : <ul style="list-style-type: none"> <li>- 1. Straight Line Method</li> <li>2. Written Down Value Method</li> </ul> </li> </ul> </li> </ul>
7	Oct'25	<b>Unit-2 : Accounting Process</b>	<ul style="list-style-type: none"> <li>● Depreciation, Provision and Reserves <ul style="list-style-type: none"> <li>→ Methods of Depreciation :- 2. Written Down Value Method (including Provision for depreciation and treatment of Assets Disposal Account)</li> </ul> </li> <li>● Provision and Reserves <ul style="list-style-type: none"> <li>→ Meaning and Difference</li> <li>→ Types of Reserve (theory)</li> <li>→ Difference between Capital and Revenue Reserve</li> </ul> </li> </ul>



10	Jan'26	<b>Unit – 3 : Financial Statement of Sole Proprietorship</b> <b>Unit – 4 : Financial Statement of Incomplete Record of Transactions</b>	<b>●Preparation of Financial Statements ( with Adjustment) As per CBSE Curriculum</b> <hr/> <b>PROJECT No.-</b> <hr/> <b>●Preparation of Financial Statements Incomplete Record of Transactions</b> → Theory of Incomplete Transactions → Statement of Affairs → Statement of Profit and Loss
11	Feb' 26	<b>Unit – 4 : Financial Statement of Incomplete Record of Transactions</b>	<b>●Preparation of Financial Statements Incomplete Record of Transactions</b> → Theory of Incomplete Transactions → Statement of Affairs → Statement of Profit and Loss Revision for SECOND TERM EXAM
12	Mar'26		<b><u>SECOND TERM EXAMINATION</u></b>

### **SUBJECT:-ECONOMICS**

Sl. No.	Months	Chapter /Unit No.	Topics and sub topics
1	April'25	Unit 1	What is Economics? Meaning, scope, functions, and importance of statistics in Economics.
2	May'25	Unit 2 Unit 4	What is an economy? Central problems of an economy: what, how and for whom to produce; concepts of production possibility frontier and opportunity cost. Measure of central tendency arithmetic mean. Organisation of data : meaning,frequency distribution of data. . Presentation of Data: Tabular Presentation and Diagrammatic Presentation of Data:

			<b>UNIT TEST I</b>
<b>3</b>	<b>June'25</b>	Unit 2 Unit 5	(i) Geometric forms (bar diagrams and pie diagrams), (ii) Frequency diagrams (histogram, polygon, and Ogive) and (iii) Arithmetic line graphs (time series graph). Consumer's equilibrium - meaning of utility, marginal utility, law of diminishing marginal utility, conditions of consumer's equilibrium using marginal utility analysis.
<b>4</b>	<b>July' 25</b>	Unit 3 Unit 5	Measures of Central Tendency- median and mode. Indifference curve analysis of

			consumer's equilibrium-the consumer's budget (budget set and budget line), preferences of the consumer (indifference curve, indifference map) and conditions of consumer's equilibrium. Demand, market demand, determinants of demand, demand schedule, demand curve and its slope, movement along and shifts in the demand curve;
<b>5</b>	<b>Aug'25</b>	Unit 3	Price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand – percentage-change method and total expenditure method. Meaning of Production Function – Short-Run and Long-Run. Total Product, Average Product and Marginal Product. Returns to a Factor. Cost: Short run costs - total cost, total fixed cost, total variable cost; Average cost; Average fixed cost, average variable

			cost and marginal cost-meaning and their relationships.
<b>6</b>	<b>Sept'25</b>	Unit6	<b>MID TERM EXAMINATION</b> Correlation – meaning and properties, scatter diagram; Measures of correlation – Karl Pearson's method (two variables ungrouped data) Spearman's rank correlation.
<b>7</b>	<b>Oct'25</b>	Unit 6 Project Work	Introduction to Index Numbers - meaning, types - wholesale price index. Revenue - total, average, and marginal revenue - meaning and their relationship. Producer's equilibrium-meaning and its conditions in terms of marginal revenue marginal cost. Introduction of Project Work.
<b>8</b>	<b>Nov'25</b>	Unit 7	Supply, market supply, determinants of supply, supply schedule, supply curve and its slope, movements along and shifts in supply curve, price elasticity of supply; measurement of price elasticity of supply - percentagechange method. <b>UNIT TEST 2</b>
<b>9</b>	<b>Dec' 25</b>	Unit-7	Forms of Market and Price Determination under Perfect Competition with simple applications. Perfect competition - Features; Project Work. Price floor.

<b>1</b>	<b>Jan 26</b>	Unit-8	Index Numbers-Consumer price index and index of industrial production, uses of index numbers; Inflation and index numbers. Determination of market equilibrium and effects of shifts in demand and supply.
			Simple Applications of Demand and Supply: Price ceiling.
<b>11</b>	<b>Feb'26</b>	Project Work	Project Work and Revision.
<b>12</b>	<b>Mar'26</b>		<b>FINAL TERM EXAMINATION</b>

**SUBJECT:-BUSINESS STUDIES**

<b>Sl. No</b>	<b>Months</b>	<b>Chapter /Unit No.</b>	<b>Topics and sub topics</b>
1	<b>Apr'25</b>	1	<b>Evolution and Fundamental of Business.</b> <ul style="list-style-type: none"> <li>● Concept and characteristics of business.● Business, Profession and Service.</li> </ul>
2	<b>May'25</b>	1	<b>Evolution and Fundamental of Business</b> <ul style="list-style-type: none"> <li>● Objectives of business – economic &amp; social. ● Business activities – Industry &amp; Commerce● Business Risk – nature and causes.</li> </ul> <b>UNIT TEST 1</b>



7	Oct'25	6  7	<b>Social responsibilities of business.</b> <ul style="list-style-type: none"> <li>● Concept of Social Responsibilities</li> <li>● Responsibilities towards various parties</li> <li>● Environmental Protection and business</li> <li>● Business ethics.</li> </ul> <b>Sources of business finance</b> <ul style="list-style-type: none"> <li>● Concept of business finance</li> <li>● Owner's Fund Equity shares Preference Shares</li> </ul> <b>UNIT TEST 2</b>
8	Nov'25	7  8	<b>Sources of business finance</b> Retain Earnings GDR, ADR and IDR <ul style="list-style-type: none"> <li>● <b>Borrowed Funds-</b>  Debentures and Bond Loan from financial institutions  Loan from commercial banks  Public Deposit Trade Credit</li> </ul> <b>Small Business</b> <ul style="list-style-type: none"> <li>● Small scale enterprises :- concepts –micro, small and medium-</li> <li>● Role of small business in India</li> <li>● Government schemes agencies for SSI</li> </ul> <b>UNIT TEST 2</b>
9	Dec'25	9	<b>Internal Trade</b> <ul style="list-style-type: none"> <li>● Services by wholesaler and retailer.</li> <li>● Types of Retail Trade</li> <li>● Chamber of Commerce and Industry</li> <li>● Documents use in internal trade</li> <li>● Terms of trade</li> </ul>
10	Jan'26	10	<b>International Trade</b> <ul style="list-style-type: none"> <li>● Concept and problem of international trade</li> <li>● Export import procedure and documents</li> <li>● Role of WTO</li> </ul> <b>PROJECT WORK :- Project No.2</b>
11	Feb'26		<b>REVISION FOR FINAL TERM EXAMINATION</b>
12	Mar'26		<b>FINAL TERM EXAM ( Full syllabus)</b>

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**SUBJECT:-ENTREPRENEURS  
HIP**

<b>Sl. No.</b>	<b>Months</b>	<b>Unit / Chapter</b>	<b>Topic / Sub. Topic</b>
1	April'25	Unit-1 : Entrepreneurship : Concept and Function	<ul style="list-style-type: none"> <li>● Entrepreneurship – Concept, Function, Need</li> <li>● Why Entrepreneurship for you</li> <li>● Myths about Entrepreneurship</li> </ul>
2	May'25	Unit-1 : Entrepreneurship : Concept and Function ----- - Unit-2 : An Entrepreneur	<ul style="list-style-type: none"> <li>● Advantage and Limitation of Entrepreneurship</li> <li>● Process of Entrepreneurship</li> <li>● Entrepreneurship- The Indian Scenario</li> </ul> ----- <ul style="list-style-type: none"> <li>● Why be an Entrepreneur</li> <li>● Types of Entrepreneur</li> <li>● Competencies and characteristics</li> </ul> UNIT TEST -1
3	June'25	Unit-2 : An Entrepreneur ----- -- Unit- 3 : Entrepreneurship Journey	<ul style="list-style-type: none"> <li>● Entrepreneurial Values</li> <li>● Entrepreneur' Attitudes</li> <li>● Entrepreneurial Motivation</li> <li>● Intrapreneur : Meaning and Importance</li> </ul> ----- --- <ul style="list-style-type: none"> <li>● Self Assessment Quality</li> <li>● Idea generation</li> <li>● Feasibility Study</li> </ul>

4	July'25	Unit- 3 : Entrepreneurship Journey	<ul style="list-style-type: none"> <li>●Opportunity assessment</li> <li>● Business Plan : Meaning, purpose and element</li> <li>●Execution of Plan</li> </ul> <p>-----</p> <p>--</p> <ul style="list-style-type: none"> <li>● PROJECT No.-1</li> </ul>
5	August' 25	Unit-5 : Understanding the Market	<ul style="list-style-type: none"> <li>●Market :- Concept, Types</li> <li>● Micro and Macro Market Environment</li> <li>● Market Research – Concept, Importance and Process</li> <li>● Research Instruments</li> <li>● Types of Market Research</li> <li>● Marketing Mix.</li> </ul> <p>-----</p> <p>---</p> <p><b>MID-TERM EXAMINATION</b></p>
6	Sept'25	Unit-4 : Entrepreneurship as Innovation and	<p><b><u>FIRST TERM EXAMINATION</u></b></p> <ul style="list-style-type: none"> <li>● Entrepreneurship as problem solvers</li> </ul>
		Problem	
7	Oct'25	Unit-4 : Entrepreneurship as Innovation and Problem	<ul style="list-style-type: none"> <li>● Innovation and Entrepreneurial Ventures – Global and Indian</li> <li>●Role of Technology – E-commerce and Social Media</li> <li>●Social Entrepreneurship - Concept</li> </ul>

8	Nov'25	Unit-6 : Business Finance and Arithmetic	<ul style="list-style-type: none"> <li>● Unit of Sale, Unit Price and Unit Cost – for single product or service</li> <li>● Types of Costs – Start up, Variable Cost and Fixed Cost</li> <li>● Break Even Analysis – for single product or service</li> <li>● Break Even Analysis – with Diagram</li> </ul> <b>UNIT TEST -2</b>
9	Dec' 25	Unit – 7 : Resource Mobilization	Meaning Types of Resources – Physical, Human, Financial and Intangible Selection of Human Resource Utilization of Human Resource and Professional like Accountants, Lawyers, Auditors, Board Members, etc. ----- <b>PROJECT No.- 2</b>
10	Jan'26		<b>Revision for SECOND TERM EXAM</b>
11	Feb' 26		<b><u>SECOND TERM EXAMINATION</u></b>

**SUBJECT:-PHYSICAL  
EDUCATION**

Sl. No.	Months	Chapter /Unit No.	Topics and sub topics
1	April'25	1	(Unit-1) Changing Trends and Careers in Physical Education 1. Concept, Aims & Objectives of Physical Education 2. Development of Physical Education in India – Post Independence 3. Changing Trends in Sports- playing surface, wearable gear and sports equipment, technological advancements 4. Career options in Physical Education 5. Khelo-India Program and

			Fit – India Program
<b>2</b>	<b>May'25</b>	<b>2</b>	(Unit-2)Olympism Value Education 1. Olympism – Concept and Olympics Values (Excellence, Friendship & Respect) 2. Olympic Value Education – Joy of Effort,

			Fair Play, Respect for Others, Pursuit of Excellence, Balance Among Body, Will & Mind (Unit-2)3. Ancient and Modern Olympics 4. Olympics - Symbols, Motto, Flag, Oath, and Anthem 5. Olympic Movement Structure - IOC, NOC, IFS, Other members. Practical-1: Fitness tests administration. (SAI Khelo India Test)
<b>3</b>	<b>June'25</b>	<b>3</b>	(Unit–3) Yoga 1. Meaning and importance of Yoga 2. Introduction to Astanga Yoga 3. Yogic Kriyas (Shat Karma) 4. Pranayama and its types. 5. Active Lifestyle and stress management through Yoga
			Practical-2: Procedure for Asanas, Benefits & Contraindication for any two Asanas for each lifestyle disease.
<b>4</b>	<b>July'25</b>	<b>4</b>	( Unit – 4) Physical Education and Sports for Children with Special Needs 1. Concept of Disability and Disorder 2. Types of Disability, its causes & nature (Intellectual disability, Physical disability).

<b>5</b>	<b>Aug'25</b>	4,5	( Unit – 4 )3. Disability Etiquette Aim and objectives of Adaptive Physical Education. 5. Role of various professionals for children with special 4. needs (Counselor, Occupational Therapist, Physiotherapist, Physical Education Teacher, Speech Therapist, and Special Educator) ( Unit – 5) Physical Fitness, Wellness, and Lifestyle 1. Meaning & importance of Wellness, Health, and Physical Fitness. 2. Components/Dimensions of Wellness, Health, and Physical Fitness 3. Traditional Sports & Regional Games for promoting wellness 4. Leadership through Physical Activity and Sports 5. Introduction to First Aid – PRICE
<b>6</b>	<b>Sept'25</b>		<b>REVISION</b> <b>FIRST TERM EXAMINATION</b>
<b>7</b>	<b>Oct'25</b>	6	Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports. (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy & Ectomorphy) 5. Measurements of health-related fitness
<b>8</b>	<b>Nov'25</b>	7	(Unit–7) Fundamentals of Anatomy, Physiology in Sports 1. Definition and importance of Anatomy and Physiology in Exercise and Sports. 2. Functions of Skeletal System, Classification of Bones, and Types of Joints. (Unit–7) 3. Properties and Functions of Muscles. 4. Structure and Functions of Circulatory System and Heart. 5. Structure and Functions of Respiratory System

9	Dec'25	8	( Unit – 8) Fundamentals Of Kinesiology And Biomechanics in Sports 1. Definition and Importance of Kinesiology and Biomechanics in Sports. 2. Principles of Biomechanics ( Unit – 8) Fundamentals Of Kinesiology And Biomechanics in Sports 3. Kinetics and Kinematics in Sports 4. Types of Body Movements - Flexion, Extension, Abduction, Adduction, Rotation, Circumduction, Supination & Pronation 5. Axis and Planes – Concept and its application in body movements
10	Jan'26	9	(Unit-9) Psychology and Sports 1. Definition & Importance of Psychology in Physical Education & Sports; 2. Developmental Characteristics at Different Stages of Development; (Unit-9) Psychology and Sports 3. Adolescent Problems & their Management; 4. Team Cohesion and Sports; 5. Introduction to Psychological Attributes: Attention, Resilience, Mental Toughness Practical-3Anyone one IOA recognized Sport/Game of choice. Labelled diagram of Field & Equipment. Also mention its Rules, Terminologies & Skills
11	Feb'26	10	(Unit-10) Training & Doping in Sports 1. Concept and Principles of Sports Training 2. Training Load: Over Load, Adaptation, and Recovery (Unit-10) Training & Doping in Sports 3. Warming-up & Limbering Down – Types, Method & Importance 4. Concept of Skill, Technique, Tactics & Strategies 5. Concept of Doping and its disadvantages.
12	Mar'26		REVISION <b>SECOND TERM EXAMINATION</b>

## Syllabus for Class-11

Hindi

Code- 302

### UnitTest- 1 (40 marks)

आरोह-( गद्य भाग)- नमक का दरोगा,मियां नसीरुद्दीन,अपू के साथ ढाई साल।

(पद्य भाग)- चंपा काले काले अक्षर नहीं चीन्हतीं।

लेखन- प्रतिवेदन लेखन और अनुच्छेद लेखन।

### MID- TERM EXAM (80 marks)

आरोह (गद्य भाग)- विदाई संभाषण, गलता लोहा, रजनी, जामुन का पेड़ + (PA-1 syllabus)

(पद्य भाग)- गज़ल, हे भूख! मत मचल, हे मेरे जूही के फूल जैसे ईश्वर + (PA-1 syllabus)

वितान- भारतीय गायिकाओं में बेजोड़- लता मंगेशकर।

अभिव्यक्ति और माध्यम- पाठ- 1,2, 9

लेखन- प्रतिवेदन लेखन, स्ववृत्त लेखन, रचनात्मक और पत्र लेखन।

परियोजना कार्य- सत्यजीत रे: एक यथार्थवादी फिल्मकार। कथन को सिद्ध कीजिए।

ए.एस.एल- ऑनलाइन गेमिंग  
अच्छा है या बुरा?

Unit Test- 3 (40 marks)

आरोह- (गद्य भाग)- भारत माता  
(पद्य भाग)- सबसे खतरनाक,  
आओ मिलकर बचाएं  
वितान- राजस्थान की रजत बूंदें  
अभिव्यक्ति और माध्यम- पाठ-10  
लेखन- रचनात्मक लेखन, स्ववृत्त  
लेखन।

ANNUAL EXAMINATION (80  
marks)

आरोह- संपूर्ण पाठ्यक्रम।  
वितान- आलो आंधारी + (संपूर्ण  
पाठ्यक्रम)  
अभिव्यक्ति और माध्यम-  
पाठ-1,2,9,10,14,15,16  
लेखन- प्रतिवेदन लेखन, रचनात्मक  
लेखन, स्ववृत्त लेखन और पत्र लेखन  
।  
परियोजना कार्य- कृष्णचंद्र: हास्य-  
व्यंग्य का सम्राट। कथन की पुष्टि  
कीजिए।  
ए.एस.एल- मानसिक स्वास्थ्य का  
महत्व।

## Syllabus for Class-11

Bengali

Code- 105

### UnitTest - 1 (40 marks)

গদ্য- তেলেনাপোতা আবিষ্কার  
পদ্য- লালন শাহ ফকিরের গান  
নাটক- আগুন (নির্বাচিত অংশ)  
ব্যাকরণ - বাচ্য পরিবর্তন

### Mid- Term Examination (80 marks)

গদ্য- বিড়াল, পদ্য- নুন,  
সাম্যবাদী (ভারতীয় কবিতা),  
সহায়ক পাঠ পঞ্চতন্ত্র- আজব  
শহর কলকাতা  
নাটক- আগুন (নির্বাচিত অংশ)  
ব্যাকরণ- উক্তি পরিবর্তন , বাংলা  
শব্দ ভান্ডার ( তদ্ভব, তৎসম )  
নির্মিতি- সংলাপ (কমপক্ষে ছয়  
জোড়া সংলাপ)

### Unit Test- 3(40 marks)

গদ্য-পুঁইমাচা, পদ্য - চারণ  
কবি

সহায়ক পাঠ পঞ্চতন্ত্র- আড্ডা  
নাটক- আগুন (বাকী অংশ)  
ব্যাকরণ বাংলা শব্দ ভান্ডার  
অর্ধতৎসম , দেশি-বিদেশি

### ANNUAL EXAMINATION (80 marks)

গদ্য- পদ্য- Full syllabus  
সহায়ক পাঠ পঞ্চতন্ত্র - বই কেনা

নির্মিতি - সারাংশ লিখন (১০০  
শব্দের মধ্যে সিলেবাস)